HOQUIAM HALF MARATHON, 10K and 5K

July 8, 2017

The Fifth Annual Hoquiam Half Marathon will be held on July 8, 2017 in Hoquiam! We are adding a 10K race to the event this year as well as the Half Marathon and 5K that we have always had. The 13.1 course has been designed to allow for beginning marathoners to enter as well as still provide a challenge for experienced marathoners. The course is mainly paved with small sections of gravel and sidewalk areas, some hills and elevation are included. The course traverses through some residential areas of Hoquiam but also in rural/scenic areas of Hoquiam from the Bay to the rivers. **Pre-registration to guarantee your race day shirt are encouraged. Pre-registrations can be sent to:**

City of Hoquiam ATTN: Community Services 609 8th St. Hoquiam, WA 98550

A very limited amount of shirts will be available on race day so reserve your shirt with your pre-registration. Cost for pre-registration is \$25.00 for the half marathon and \$15.00 for the 10K and 5K race. Day of race registrations will be \$30 for the half marathon \$20.00 for 10K and 5K.

Registrations on the day of the race will begin at 7:00 at Hoquiam City Hall, 609 8th St. Hoquiam. Registrations will be accepted until 8:30 – the races will start at 9:00 at the corner of 8th and L Street. Prizes will be awarded in each age group as well as finisher medals for all who complete the half marathon race.

The course will include water stops as follows:

- Water and restroom facilities at the beginning of the course.
- Water and restroom facilities at Emerson Grade School runners will be able to utilize this aid stop going out the course and coming back on the course
- Water at 101/109 Spur corner (which can be accessed going out and coming back);
- Water and restroom facilities at finish line.

Enjoy a day of fun from the beginning of registration to the awards ceremony. All participants will receive runner bags filled with fun things and specials to local area businesses, as well as a host of fruit, granola bars and water at the finish. We will have aid available throughout the race with the Crime Watch traversing the course in case runners need assistance. If runners have questions regarding the race or course please contact twood@cityofhoquiam.com.

Hoquiam Half Marathon,



SATURDAY, July 8, 2017

\$25.00 Pre-registration for Half Marathon \$30.00 Day of Race Registration \$15.00 Pre-Registration for 10K & 5K; \$20.00 Day of Registration Shirts ARE LIMITED on day of race

Send pre-registration to City of Hoquiam Community Services, 609 8th St., Hoquiam, WA 98550 By June 3rd

For info contact twood@cityofhoquiam.com or 360-538-3970

http://funrun.cityofhoquiam.com

DAY OF REGISTRATION 7:00 a.m. to 8:30 a.m. @ Hoquiam City Hall, 609 $8^{\rm th}$ Street

Races Begin at 9:00

HALF MARATHON RACE OPEN TO 19 AND OLDER; 10K & 5K 13 and Older

NAME:		Pnone: ()	Email:		
Address:			City/State		
	MALE	FEM	ALE (Circle One)		
_adies T-Shirt S N	M L XL 2XL (circ	<mark>le one)</mark> Mens T-Shir	t S M L XL :	2XL (circle one)	
Half Marathon AGE	GROUP : (19-29)	(30-39) (40-49)	(50-59) (60-69)	(70+) (circle one)	
10K AGE GROUP:	(13-18) (19-29)	(30-39) (40-49)	(50-59) (60-69)	(70+) (circle one)	
K AGE GROUP: ((13-18) (19-29)	(30-39) (40-49)	(50-59) (60-69)	(70+) (circle one)	
REGISTRATION FORM/WAIVER FOR PARTICIPATION: I hereby, for myself, my organization, my neirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the City of Hoquiam, or any organization in whose buildings or grounds this activity is being held, and any instructors or persons of the City departments for injuries received during my participation in any activity sponsored by the Hoquiam Community Services Department or the City of Hoquiam.					
Participant Signature			Date	Date	
Guardian Signature	(required for parti	Date			